



October 2018 X-Country SHS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Practice at SHS 3:30-4:30	3	4	5 Mohegan Park vs St. Pats (host) @ 4pm Arrive by 3:30	6
7	8 Columbus Day- No school Optional Joe Lonardeli run at Mohegan Park	9 Practice at SHS 3:30-4:30	10	11	12 Home at Mohegan Park vs SHS Groton @ 4 pm Arrive 3:30	13
14	15	16 Practice at SHS 3:30-4:30	17	18	19 Practice at SHS 3:30-4:30	20 Meet @ St. Bernard Catholic Middle School Invitational @ 10 am
21	22	23 Practice at SHS 3:30-4:30	24	25	26 Away at Salem @ 4pm Arrive by 3:30	27
28	29	30 Away at St. Bernard @ 4pm Arrive by 3:30	31	1	2	3 Wickham Park – Grades 5-8 only