



# September 2018 X-Country SHS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 <b>Optional</b> Team fun run at Mohegan Park meet at the water fountain @ 9:30 am
2	3 <b>Labor Day</b> <b>No School</b>	4 Practice at SHS 3:30-4:30	5	6	7 <b>No School</b> Practice at Mohegan Park 6:30-7:30	8
9	10	11 Practice at SHS 3:30-4:30	12	13	14 Practice at SHS 3:30-4:30	15 <b>Catholic Invite @ Bluff Pt SHS</b> <b>Groton hosts @ 9am, arrive by 8 am</b>
16	17	18 Practice at SHS 3:30-4:30 <b>Academic form goes home.</b>	19	20	21 <b>Home at Mohegan Park vs St Pats and IDCS @ 4pm</b> <b>Arrive by 3:30</b>	22
23	24	25 Practice at SHS 3:30-4:30 <b>Academic forms due!</b>	26	27	28 Practice at SHS 3:30-4:30	29 <b>Dash to Heaven @ SHS 9:30 am</b> Arrive by 9 am Wear your uniform

“Love Serves”